



WORD MILKSHAKES

All these dairy foods are made from MILK. Do you know their names? Just unscramble the letters for each dairy food and write its name on the line.



1. ehsece

2. cie ramec

3. gurtoy

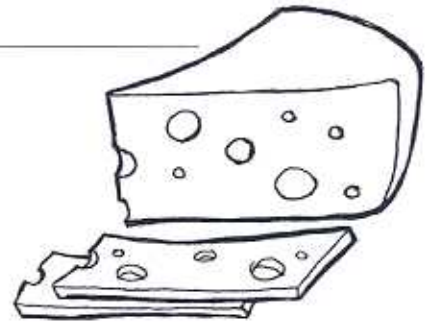
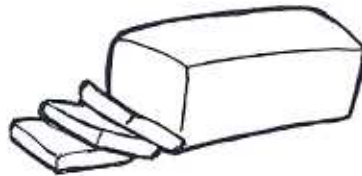
4. rosu ramec

5. tubert

6. gatecot secehe

7. pihwipng merac

8. falh dan lahf



Polly Says

To get the same amount of calcium in 3 glasses of milk, you would have to eat 12 cups of broccoli, 19 cups of carrots, 17 oranges, 16 cups of green beans or 28 slices of bread.